



City of San Leandro

Meeting Date: March 19, 2018

Presentation

File Number: 18-114

Agenda Section: RECOGNITIONS

Agenda Number: 2.A.

TO: City Council

FROM: Chris Zapata
City Manager

BY: Jeff Kay
Assistant City Manager

FINANCE REVIEW: Not Applicable

TITLE: Proclamation Declaring March as National Nutrition Month and Proclaiming Proclamation March 14, 2018 as Registered Dietitian Nutritionist Day in the City of San Leandro

WHEREAS food is the substance by which life is sustained; and

WHEREAS the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; and

WHEREAS Registered Dietitian Nutritionists are the food and nutrition experts who can translate the science of nutrition into practical solutions for healthy living; and

WHEREAS Registered Dietitian Nutritionists have degrees in nutrition, dietetics, public health or a related field from well-respected, accredited colleges and universities, completed an internship and passed an examination; and

WHEREAS Registered Dietitian Nutritionists use their nutrition expertise to help individuals make unique, positive lifestyle changes; and

WHEREAS Registered Dietitian Nutritionists work throughout the community in hospitals, schools, public health clinics, nursing homes, fitness centers, food management, food industry, universities, research and private practice; and

WHEREAS Registered Dietitian Nutritionists are advocates for advancing the nutritional status of Americans and people around the world;

NOW THEREFORE, the City Council of the City of San Leandro does resolve as follows:

That March is National Nutrition Month and March 14, 2018 and Registered Dietitian Nutritionist Day in San Leandro and all citizens are encouraged to recognize the importance of nutrition and the contributions of Registered Dietitian Nutritionists and express appreciation for healthy nutrition in the hope of achieving optimum health for today and tomorrow.